

Guernsey County Community Resources

I. Food Pantries (NOTE* Operational hours/days may change, please contact to confirm)

Name of Food Pantry	Days/Times	Zip Code Service Areas
Salvation Army of Cambridge 221 Dewey Ave. Cambridge, OH 43725 740-432-7759 (Appointments are preferred)	M/TU/TR/FR/: 9:30am-11:30am & 1:30pm-2:30pm), Free Produce/Milk Giveaway: 1 st & 3 rd Thurs. 9:30am-until supplies last; M/TU/TR/FR: Baked good every day until gone; Pet Food/Toiletries as available	Guernsey
Stop 9 Church of Christ 60330 Southgate Rd. Byesville, OH 43723 *Call to make reservation	1st Wed. of the month 11am-12pm, produce only no reservation, 3rd Wed. of the month , 11am-12pm, call to make reservation 877-704-3663 or text 614-702-7772	Guernsey
First Church of the Nazarene 533 Jefferson St. Cambridge, OH 43725	Free Produce/Milk Giveaway: 2 nd & 4 th Thurs. 9:30am-until supplies last	Guernsey
Guernsey Living Water Food Pantry 287 Fair St. Quaker City, OH 43773 740-679-2871	1 st & 3 rd Thursday 10:00am-12:45pm	Guernsey, Monroe, Noble
Grace Pantry 1101 Steubenville Ave. Cambridge, OH 43725 740-432-6036	2 nd Friday of each month: produce, meat & bakery 4 th Friday of each month 11:00am-6:00pm	Guernsey county residents only
Main Ave UMC Food Pantry 223 E. Main Ave Byesville, OH 43723 740-705-1503	Thursday: 9am-12pm (only 1 st 4 Thursdays of the month)	Rolling Hills School District
Guernsey Senior Nutrition 1022 Carlisle Ave. Cambridge, OH 43725 740-439-5717/740-439-6681	Mon. – Fri. 11:30am-1p for congregate dining, 3 rd Fri. 8am-4pm for bulk food giveaway –Eligibility requirements*	Guernsey
Hot Meals/Community Kitchen		
Feed My People 1101 Steubenville Ave. Cambridge, OH 43725 740-439-4214	Mon.-Sat. 10am-11:30am, take out (\$.0.75 for cost of container) or dine in FREE!	Guernsey

Harvest House 6060 Glenn Hwy Cambridge, OH 43725 740-584-1941	Ministry can assist with household/clothing goods. Call to inquire about their services.	Guernsey, Monroe, Noble
H.A.R.P Inc. 810 Main Street Caldwell, OH 43724 (740)365-0052	Mon. – Thurs. 9am-2pm Ministry can assist with household goods. Call to inquire about their services.	Noble & surrounding areas

II. Housing Assistance/Emergency Placement Shelter/Disaster Services

Name of Agency	Services Provided	Service Areas
GMN Tri-County CAC., INC. Guernsey's telephone # is 740-685-2422	Homeless Prevention Program-at risk homeless or currently homeless, Home Weatherization Program-8am-4pm Mon.-Fri.	Guernsey, Monroe, Noble
Metropolitan Housing 1100 Maple Court Cambridge, OH 43725 740-439-6651	Housing Choice Voucher Program, Low-Income Housing (Mon., Tues., Thurs. Fri. 8:30am-4:30pm)	Guernsey, Monroe, Noble
Society of St. Vincent de Paul 701 Gomber Ave. Cambridge, OH 43725 740-432-7609 x 207	Housing Assistance (rent, rent security deposit, & mortgage) Please call to make an appt. Web-site: www.colsvdp.org	Guernsey
Samaritan Center for Transitional Housing P.O. Box 893 Cambridge, OH 43725 740-435-0333	Focus is on Transitional Housing not Emergency Housing, 30-90 days, there is some rental/mortgage assistance but limited funds-case by case basis	Guernsey
The Freedom House 710 N 4 th St. Cambridge, OH Call Roberta, Freedom House Coordinator 740-995-8007	Homeless Shelter-Ages 18 and over, Adults only. Program to help end homelessness. Please call for specific information on the program	Guernsey only
Abraxas Youth & Family Services 2775 St. Rt. 39 Shelby, OH 44875 Contact Brooke Dunham 419-709-5940 bdunham@abraxasyfs.org www.abraxasyfs.org Office hours: 8am-5pm	Youth based service for ages 12 to under 21, 24 hr. access & short term placement. Please reach out to Brooke Dunham for referrals/further assistance.	Facility located in Richland county, referrals accepted from other counties/case by case basis

American Red Cross 1-800-733-2767* OR 740-349-9442* 143 S. 30 th St. Newark, OH 43812 https://www.redcross.org/get-help.html	Disaster Services such as natural disasters, home fire, flood, tornado etc...Get Help with: Temporary Shelter or Housing, Mental Health Assistance, Financial Assistance & Health Services	National & Local Chapters*
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III. Utility Assistance (Electric, Gas, Water)/General Info. for Additional Resources

Name of Agency	Services Provided	Service Area
GMN Tri-County CAC., INC. 185 S. 2 nd St. Byesville, OH 43723, Guernsey's telephone # is 740-685-2422	Several energy assistance programs (HEAP, PIPP, Summer Crisis Program). Please call to make an appointment 740-955-8001	Guernsey, Monroe, Noble
Society of St. Vincent de Paul 701 Gomber Ave. Cambridge, OH 43725 740-432-7609 x 207 email: office@colsvdp.org	Some assistance with gas, electric, propane, firewood. Please call to make an appt.	Guernsey
Salvation Army Cambridge 221 Dewey Ave. Cambridge, OH 43725 740-432-7759 Mon.-Fri. 9am-3pm	Some assistance with utilities, please call to inquire.	Guernsey
United Way 740-439-2667 Guernsey.monroe.noble@unitedwayohio.org	Per United Way's website: "To provide help where the need is greatest focusing on impact areas of education, health, and financial stability for all"	Guernsey, Monroe, Noble

IV. SNAP Benefits (Food Assistance), WIC, Cash Assistance, & Medicaid

Name of Agency	Services Provided	Service Area
Cambridge-Guernsey County Health Department 326 Highland Ave Cambridge, OH 43725 740-439-3577 Mon.-Fri. 8am-4pm	Birth & Death Records, Car Seat Program, Cribs for Kids, Nursing Services such as Child/Adult Immunizations & Health Education	Guernsey
Ohio WIC (located within Cambridge-Guernsey Health Dept.) 326 Highland Ave Cambridge, OH 43725 740-439-3577 x 7242 or 7249 Mon.-Fri. 8am-4pm, lunch 12pm-1pm	Food items, baby food, baby formula, Children birth to 5, pregnant, & breastfeeding Moms.	Guernsey
Guernsey County Dept. of Job & Family Services 324 Highland Ave. Cambridge, OH 43725 740-432-2381 Mon.-Fri. 8am-4pm	Eligibility based programs that assist with food (SNAP), cash assistance & Medicaid (medical insurance)	Guernsey

V. Employment Services (Unemployment, Child Support, Resume, Job Search, Interview)

Name of Agency	Services Provided	Service Area
Guernsey County Dept. of Job & Family Services (Workforce Investment) 324 Highland Ave. Cambridge, OH 43725 740-432-2381 Mon.-Fri. 8am-4pm	Job seeker services, Job seeker on site Resource Room, Career Services, Training Services, Comprehensive Career Case Management & Employment Program (Adult Program, Youth Services Job Training Program), The Child Support Enforcement Agency is located at this address & can be reached at the listed tel#.	Guernsey
Ohio Means Jobs	Web-site for Job Searching, Resume Help: https://jobseeker.ohiomeansjobs.monster.com/	State of Ohio
Action Total Staffing 822 Wheeling Ave Cambridge, OH 43725 740-432-1904	Staffing agency that helps with short term, long term employment opportunities	Guernsey, Monroe, Noble
Mancan Temporary Staffing 729 Southgate Pkwy Cambridge, OH 43725 740-439-5060	Staffing agency that helps with short term, long term employment opportunities	Guernsey
Surge Staffing 1212 Southgate Pkwy Cambridge, OH 43725 220-201-1012 x5120 aditter@surgestaffing.com www.surgestaffing.com	Staffing Specialist Amy Ditter states, "Surge Staffing is here to help the community reach employment goals through various positions and opportunities. Apply today and start working tomorrow!"	Guernsey, Muskingum

VI. Mental Health/Substance Abuse

Name of Agency	Services Provided	Service Area
Mental Health & Recovery Services Board 1500 Coal Run Rd. Zanesville, OH 43701 740-454-8557 Call for office hours In Crisis Tel# 1-800-344-5818 or ***Text 741741 (Crisis Counselor)	Provides services for mental health substance abuse	Coshocton, Guernsey, Morgan, Muskingum, Noble, Perry
Cedar Ridge Behavioral Health Solutions 841 Steubenville Ave. Cambridge, OH 43725 740-692-7247 Mon.-Wed. 8am-6:30pm, Thurs, Fri.-8am-5pm ** Anxiety Crisis Line: 1-800-950-6264 ***Text 741741 (Crisis Counselor)	Provides services for mental health & substance abuse **Anxiety Crisis Line assists those who need immediate help	Guernsey, Monroe, Noble
Guernsey Health Choices, Inc. 927 Wheeling Ave. Suite 310 Cambridge, OH 43725 740-439-4532 Call for office hours ***Text 741741 (Crisis Counselor)	Individual & Family Counseling, Addiction & Behavioral Health Services	Guernsey, Monroe, Noble
Allwell Behavioral Services 2500 Glenn Hwy Cambridge, OH 43725 740-439-4428 *Allwell Crisis Hotline 800-344-5818	Individual & Family Counseling, Addiction & Behavioral Health Services	Guernsey, Monroe, Noble
Southeastern Counseling Center 239A Old National Rd Old Washington, OH 43768 Mon. 8am-8pm, Tues. 8am-7pm Wed. 8am-8pm, Thurs. 8am-5pm (740)489-5571	Assists adults, children & families with mental health & addiction services	Guernsey, Monroe, Noble, Washington
People to People Counseling 1200 E. Wheeling Ave. Cambridge, OH Mon-Thurs. 9am-6pm, Fri. 9am-3pm, 740-432-1800	Mental Health, Parenting Support & Addiction/Recovery Services	Guernsey, Monroe, Noble

Mid-Ohio Behavioral Health 2090 North Ave. Cambridge, OH 43725 Please call for office hours & intake process 740-201-2522	Providing children, families & adults with comprehensive Behavioral Health services	Guernsey, Monroe, Noble, Washington
SAMHSA (Substance Abuse & Mental Health Services Administration) National Helpline 1-800-662-4357 24/7, 365 days a year	Treatment Referral & Information Service for Mental Health & Substance Abuse Issues	National
Addiction Policy Forum Helpline (833)301-Help https://www.addictionpolicy.org/	Phone APP: <i>Search</i> for HereNOWConnect You can find the app through the app store on your phone. Apple link: https://apps.apple.com/us/app/herenow-connect/id1515499109	
Alcoholics Anonymous https://www.aa.org/ Find your local chapter by visiting their web-site. You can search by State or City/Province/Town	From their web-site "A.A.'s primary objective is to help people achieve their sobriety".	National
Narcotics Anonymous https://virtual-na.org/ Virtual & by Phone meetings Find virtual & phone meetings by visiting their web-site	From their web-site, "Bringing Narcotics Anonymous Meetings to Remote or Isolated Addicts from around the world who may, for whatever reason, be unable to attend local face to face meetings".	National

***Crisis Text Line

Throughout Ohio, individuals can text the keyword "4HOPE" to 741741 to be connected to a Crisis Counselor. Any person may need help in coping with a stressful situation. Reach out by text to communicate with someone trained to listen and respond in a method that is private, secure and confidential.

VII. Legal Assistance/Domestic Violence Shelters

Name of Agency	Services Provided	Service Area
Southeastern Ohio Legal Services (SEOLS) New Philadelphia Office 255 2 nd St. NE, Suite D New Philadelphia, OH 44663 330-339-3998, 1-800-686-3670 Call for office hours Email: newphiladelphia@seols.org	Legal assistance for people who cannot afford legal representation. This agency assists with various needs such as fair housing, health care, public benefits, domestic violence, family, & tax etc...	Coshocton, Guernsey, Holmes, Tuscarawas
Ohio Legal Help Web-site: ohiolegalhelp.org	Online legal resources for legal information, forms or a lawyer	Statewide
Victim Advocacy Center Haven of Hope 927 Wheeling Ave. Suite 102 Cambridge, OH 43725 740-439-7233 Mon. – Fri. 8am-4pm	Provides assistance to victims of crime. Assists with understanding the criminal justice process & helping victims who have been harmed from any type of crime.	Guernsey, Noble
Ohio Domestic Violence Network (ODVN) 1-800-934-9840 Web-site: odvn.org	Online resources for victims of domestic violence.	Statewide
National Domestic Violence Hotline 1-800-799-SAFE (7233) Web-site: thehotline.org (live chat available)	Resources & a national 800# to help victims of domestic violence.	National

VIII. Suicide Prevention (see also Mental Health services listed in this guide)

Name of Agency	Services Provided	Service Area
National Suicide Prevention Hotline/988LIFELINE dial/chat 988 1-800-273-TALK (8255) Web-site: https://988lifeline.org/	988 is now active across the United States. This new, shorter phone number will make it easier for people to remember and access mental health crisis services. (Please note, the previous 1-800-273-TALK (8255) number will continue to function indefinitely.)	National

***Crisis Text Line

Throughout Ohio, individuals can text the keyword “4HOPE” to 741 741 to be connected to a Crisis Counselor. Any person may need help in coping with a stressful situation. Reach out by text to communicate with someone trained to listen and respond in a method that is private, secure and confidential.

IX. Parent Education/Child Mentoring Services

Name of Agency	Services Provided	Service Area
Corporation for Ohio Appalachian Development COAD 4 Kids 1500B Green St. Marietta, OH 45750 740-373-6996 Parent Help Call in Line: 740-373-6996	Parent Education Classes, Parent Resources such as a parent help call in line, listings of licensed childcare facilities, referrals to community resources Web-site: Coad4kids.org	Guernsey, Monroe, Noble, Washington
Big Brothers/Big Sisters 740-453-7300	Mentor program for children	Guernsey, Monroe
Publicly Funded Child Care through the Ohio Dept. of Job & Family Services – Guernsey County 324 Highland Ave. Cambridge, OH 43723 740-432-2381 Mon. – Fri. 8am-4pm	Eligible families can have all or partial costs of childcare paid for while in attendance at school, work, job training, homeless etc...application process is through the ODJS	Guernsey
Head Start/Early Head Start 615 North St. Caldwell, OH 43724 740-732-2388 Call for appt. or more info.	Provides educational services to children, birth through 5 yrs. of age & pregnant Moms. Service centers throughout Guernsey, Monroe & Noble.	Guernsey, Monroe, Noble

X. Teen Services

Name of Agency	Services Provided	Service Area
Pathways Fellowship Teen Center 1413 Marquand Ave. Cambridge, OH 740-510-5106 Call for operational hours Please call to speak with Zachary Anderson	Teen Center that focuses on providing after school assistance for teens ages 6 th -12 th grade, Services include homework assistance, recreational programs, & help with problems teens may experience such as behavioral, & family problems.	Guernsey, Monroe, Noble
National Runaway Safeline 1-800-786-2929, 1800RUNAWAY.ORG, Text SAFE to 69866 to receive a text back with the nearest shelter location-if no shelter nearby person given the tel# to National Runaway Safeline *** Text 741741(Crisis Counselor)	Resource to help aid youths who have run away from home.	National
Hey I'm Here (Online Program) Designed specifically for teens Social Media Presence: Facebook, Instagram, & Snapchat @HeyImHereOhio Heyimhere.org	Digital safe space for teens to get support for mental health well-being and to provide helpful resources	National
Dating Abuse Web-site: https://www.loveisrespect.org/ 1-866-331-9474 Text: LOVEIS to 22522	Help with relationships, personal safety, setting boundaries, and identifying abusive relationships	National
National Human Trafficking Hotline Web-site: https://humantraffickinghotline.org/ 1-888-373-7888 Text: 233733	A place to call/text if YOU or someone you know is a victim of human trafficking.	National